



# PERFORMANCE PROTEIN

Proper nutrition is necessary to maximize our health and wellness. It becomes even more important for the body when athletes and active people are training, competing, or recovering. The right balance of nutrients energizes workouts, supports the body's natural resiliency, optimizes performance, and promotes adaptation in muscle and other tissues in response to training so you can make the best of your workout.

Our Neolife SPORT Performance Protein plays a significant role as a performance enhancing product that helps prepare the body for physical activity, workouts, and in maximizing muscle building and repair, giving athletes and active people nutrition to help fuel performance.\*

No potentially harmful or artificial ingredients.

Designed in mind to fuel your body, we use only the highest quality protein and key nutrients needed for optimal performance.\*



Neolife Scientific  
Advisory Board

#3212 – 15 Servings

## Support Athletic Performance with High Quality Ingredients

- Sports and a high activity lifestyle can put an increased metabolic demand on your cells, and with an increased metabolic demand, the nutritional needs are amplified.
- While physical fitness and mental endurance are important, performance is directly linked to the quality, timing, and quantity of the food fueling the body.
- Optimized nutrition can give active people and athletes the competitive edge they need to win.

## Our Solution: Neolife SPORT Performance Protein

- Neolife SPORT Performance Protein provides—high quality protein, amino acids, vitamins and minerals in specialized formulas that help the body build stamina, lean muscle mass and the ability to repair and recover quickly.\*
- **MuscleMatch™ Protein Blend** features an amino acid profile optimized to closely match lean muscle, and promote maximum muscle building efficiency. Each serving (in 8 oz. nonfat milk) provides 26g protein, 5.7g branched-chain amino acids (BCAAs) including 2.6g Leucine for optimal muscle building and retention, and 5.1g Glutamine and Glutamic Acid to support immune strength and the integrity of the digestive tract.\*

- **Exclusive Protogard™ Process** uses low temperature blending to maximize nutritional value. Excellent PDCAAS value.\*
- Metabolically balanced **1:1 protein to carbohydrate ratio** (26g:26g)<sup>†</sup> optimized to support sport activity for immediate and sustained energy.
- Biologically complete protein with all 22 amino acids, including all the essential ones and 3 BCAAs—from whey & milk, and does not contain soy protein.
- Full spectrum of **25 balanced essential vitamins and minerals** with higher amounts of chromium and magnesium to support healthy blood sugar levels and optimal nerve and muscle function for athletic people.\*
- **Proprietary HoneyFruit** natural sweetener system based on honey and fruit juice powders plus stevia provides incomparable taste and flavor. Does not contain added fructose.
- **Neolife Fiber Blend** includes both insoluble and soluble fiber to support a healthy heart and good digestion.
- **Glycemic Response Control Technology** to help support normal blood sugar levels.\*
- Contains **protein-sparing carbohydrates** from honey and fruit juice to provide energy while sparing protein for muscle development.\*
- Includes special **Enzyme Blend**—plant derived enzymes to improve digestibility.\*

<sup>†</sup>Mixed in nonfat milk

# PERFORMANCE PROTEIN

- Includes **Neo-Plex Concentrate** —whole food antioxidants including vitamin C and citrus bioflavonoids.
- Includes **Lipotropic Factors** choline and inositol to support fat utilization.\*
- **Mild vanilla flavor** —versatile enough to accommodate your own add-ins like fruits and berries.
- Only 1g of fat per serving.
- Contain only GMO-free ingredients.
- No artificial anything! No artificial colors, flavors, sweeteners, or preservatives added.
- Gluten-free
- Based in Nature, Backed by Science
- Guaranteed to be free of any substance currently banned by the National Collegiate Athletic Association, International Olympic Committee, and World Anti-Doping Agency.

## Key Features and Our Promise!

- Formulated under the strict guidance of the Scientific Advisory Board—world-renowned scientists and nutrition experts.
- No potentially dangerous stimulants.

Nutrition Facts			
Serving Size: 2 scoops (36 g) Servings Per Container: 15			
Amount Per Serving	Shake Mix	with 8 fl. oz. Nonfat Milk	
Calories	110	200	
Calories from Fat	6	8	
	Amount in Mix	With Nonfat Milk	% DV**
<b>Total Fat</b>	1 g	1 g	1%
Saturated Fat	0 g	0 g	2%
Trans Fat	0 g	0 g	
<b>Cholesterol</b>	2 mg	7 mg	2%
<b>Sodium</b>	95 mg	200 mg	8%
<b>Potassium</b>	230 mg	610 mg	17%
<b>Total Carbohydrate</b>	14 g	26 g	9%
Dietary Fiber	5 g	5 g	21%
Soluble Fiber	4 g	4 g	
Insoluble Fiber	1 g	1 g	
Sugars	6 g	18 g	
<b>Protein</b>	18 g	26 g	52%
Vitamin A	25%	25%	
Vitamin C	35%	35%	
Calcium	20%	50%	
Iron	35%	35%	
Vitamin D <sub>3</sub>	35%	35%	
Vitamin E	35%	35%	
Thiamin	35%	45%	
Riboflavin	35%	60%	
Niacin	35%	40%	
Vitamin B <sub>6</sub>	35%	45%	
Folic acid	35%	40%	
Vitamin B <sub>12</sub>	35%	60%	
Biotin	35%	40%	
Pantothenic acid	35%	45%	
Phosphorus	15%	35%	
Iodine	35%	70%	
Magnesium	50%	50%	

  

Amount Per Serving	Shake Mix	with 8 fl. oz. Nonfat Milk	
Zinc	35%	40%	
Selenium	35%	45%	
Copper	35%	35%	
Manganese	35%	35%	
Chromium	50%	50%	
Molybdenum	35%	40%	

\*\*\*Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium	Less than	3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram    Fat 9    Carbohydrate 4    Protein 4

**INGREDIENTS:** MuscleMatch™ Protein Blend (whey, nonfat milk powder, calcium sodium caseinate), NeoLife Fiber Blend (maltodextrin fiber, oat fiber, guar gum), Proprietary HoneyFruit Sweetening System (honey powder, grape juice concentrate, rice dextrin, stevia), natural flavors, soy lecithin powder, magnesium oxide, zinc yeast, vitamin E (d-alpha-tocopherol and mixed tocopherols), chromium yeast, Neo-Plex Concentrate [orange juice powder, vitamin C (ascorbic acid), orange peel powder, citrus bioflavonoid], vitamin C (ascorbic acid), manganese yeast, copper yeast, ferrous sulfate, selenium yeast, inositol, kelp, niacinamide, Enzyme Blend (bromelain, papain, malt diastase, lactase, lipase and amylase), vitamin A palmitate, pantothenic acid, vitamin D<sub>3</sub>, vitamin B<sub>6</sub> (pyridoxine hydrochloride), vitamin B<sub>12</sub> (cyanocobalamin), riboflavin, thiamine hydrochloride, molybdenum yeast, folic acid and biotin.

**Additional Nutritional Information:**  
Neo-Plex Concentrate 25 mg  
Choline 10 mg  
Inositol 10 mg

The key to Gold Medal performance is nutrition that works as hard as you do! NeoLife Sport Performance Protein is designed to fuel your body with the highest quality protein and key nutrients needed for optimal performance.\*

**Exclusive MuscleMatch™ Formula** features an amino acid profile optimized to closely match lean muscle and promote maximum muscle building efficiency. Includes all 22 amino acids involved in human nutrition including branched chain amino acids (BCAA). Proprietary protein blend includes whey and casein.\*

**Exclusive Protogard Process** uses low-temperature blending to maximize nutritional value.\*

**25 Vitamins and Minerals** to replenish those used up during intense activity. NeoLife products use only **GMO-free ingredients**.

Use **Pre-Workout** for sustained energy and muscle-fueling nutrition.  
Use **Post-Workout** for recovery, optimal muscle building and repair.\*

**DIRECTIONS:** Mix 2 scoops (36g) in 8 fl. oz. of ice cold nonfat milk in a shaker or blender. Can also be mixed in water.

†Amounts based on powder mixed in 8 fl. oz. of nonfat milk.



# PERFORMANCE PROTEIN

Una nutrición adecuada es necesaria para maximizar nuestra salud y bienestar. Se vuelve aún más importante para el cuerpo cuando los atletas y personas activas están entrenando. El equilibrio adecuado de nutrientes da energía a los entrenamientos, apoya la resistencia natural del cuerpo, optimiza el rendimiento, y promueve la adaptación en los músculos y otros tejidos en respuesta al entrenamiento para que pueda sacar el mayor provecho de su entrenamiento.

Nuestra proteína "NeoLife SPORT Performance Protein" juega un papel importante como un producto para mejorar el rendimiento que ayuda a preparar el cuerpo para la actividad física, entrenamientos, y en la maximización de la construcción de músculo y la reparación, dando a los atletas y personas activas la nutrición para ayudarlos a impulsar su rendimiento.\*

Sin ingredientes potencialmente dañinos o artificiales.

Diseñado con la intención de impulsar su cuerpo, utilizamos sólo la mejor calidad de proteínas y nutrientes esenciales necesarios para un rendimiento óptimo.\*



NeoLife Scientific  
Advisory Board

#3212 – 15 Porciones

## Apoya en Rendimiento Deportivo con Ingredientes de Alta Calidad

- Los deportes y un estilo de vida de alta actividad puede poner una mayor demanda metabólica en las células, y con un aumento de la demanda metabólica, las necesidades nutricionales se amplifican.
- Mientras que la condición física y la resistencia mental son importantes, el rendimiento está directamente relacionado con la calidad, tiempo, y la cantidad de la comida alimentando el cuerpo.
- La nutrición optimizada puede brindar a las personas activas y deportistas la ventaja competitiva que necesitan para ganar.

## Nuestra Solución: NeoLife SPORT Performance Protein

- Los productos de NeoLife SPORT Performance Protein — proteínas de alta calidad, aminoácidos, vitaminas y minerales en fórmulas especializadas que ayudan a desarrollar la resistencia del cuerpo, masa muscular y la capacidad de repararse y recuperarse rápidamente.\*

- **MuscleMatch™ Protein Blend** Dispone de un perfil de aminoácidos optimizado para asemejarse a la masa muscular, y promover la máxima eficacia de construcción de músculo. Cada porción (en 8 oz de leche sin grasa) proporciona 5.7 g de BCAA incluyendo 2.6 g de leucina para la construcción óptima del músculo y la retención y 5.1 g de glutamina y el ácido glutámico para apoyar la fortaleza inmune y la integridad del tracto digestivo.\*
- **Proceso Exclusivo Protogard™** utiliza un procedimiento de mezclado a baja temperatura para maximizar el valor nutricional. Excelente valor de PDCAAS.\*
- Metabólicamente balanceado con una proporción de **proteína y carbohidrato de 1:1** (26g:26g) optimizado para apoyar la actividad deportiva y brindarle energía instantánea y constante.
- Proteína biológicamente completa con los 22 aminoácidos, incluyendo los 9 esenciales y 3 BCAA a partir de suero y leche, y no contiene proteína de soya.
- El espectro completo de **25 vitaminas y minerales esenciales equilibrados** con mayores cantidades de cromo y magnesio para promover niveles saludables de azúcar en sangre y la función nerviosa y la función muscular óptima para personas atléticas.\*

†Mezclado en leche sin grasa

# PERFORMANCE PROTEIN

- **Endulzante natural Propio de Miel-Fruta** un sistema de endulzado a base de miel y jugo de fruta en polvo, además de stevia proporciona un sabor y aroma incomparable. No contiene fructosa.
- **Mezcla de Fibra Propia** incluye tanto fibra soluble e insoluble para mantener un corazón sano y una buena digestión.
- **Tecnología de Respuesta Glicémica controlada** para ayudar a mantener los niveles normales de azúcar en la sangre.\*
- Contiene **carbohidratos de ahorro de proteínas** de miel y jugo de frutas para proporcionar energía sin afectar a la proteína para el desarrollo muscular.\*
- Incluye una **Mezcla especial de Enzimas**—enzimas derivadas de plantas para mejorar la digestibilidad.\*
- Incluye **Concentrado Neo-Plex**—antioxidantes de los alimentos enteros incluyendo la vitamina C y bioflavonoides cítricos.
- Incluye **Factores Lipotrópicos** colina e inositol para apoyar la utilización de las grasas.\*

- **Leve sabor a vainilla** suficientemente versátil para agregar sus propios complementos como frutas y bayas.
- Sólo 1 g de grasa por porción.

## ¡Características Clave y Nuestra Promesa!

- Formulado bajo la estricta guía de los científicos de renombre mundial del Consejo de Asesoría Científica y expertos en nutrición.
- Sin estimulantes potencialmente peligrosos.
- Contiene solamente ingredientes libres de transgénicos GMO.
- ¡Nada artificial! Sin colorantes artificiales, saborizantes, edulcorantes ni conservantes añadidos.
- Libre de Gluten
- Basado en la Naturaleza, Respaldado por la Ciencia
- Garantizado de estar libre de cualquier sustancia prohibida actualmente por la Asociación Atlética Colegial Nacional, Comité Olímpico Internacional y la Agencia Mundial Antidopaje.

Nutrition Facts			
Serving Size: 2 scoops (36 g) Servings Per Container: 15			
Amount Per Serving	Shake Mix	with 8 fl. oz. Nonfat Milk	
Calories	110	200	
Calories from Fat	6	8	
	Amount in Mix	With Nonfat Milk	% DV**
<b>Total Fat</b>	1 g	1 g	1%
Saturated Fat	0 g	0 g	2%
Trans Fat	0 g	0 g	
<b>Cholesterol</b>	2 mg	7 mg	2%
<b>Sodium</b>	95 mg	200 mg	8%
<b>Potassium</b>	230 mg	610 mg	17%
<b>Total Carbohydrate</b>	14 g	26 g	9%
Dietary Fiber	5 g	5 g	21%
Soluble Fiber	4 g	4 g	
Insoluble Fiber	1 g	1 g	
Sugars	6 g	18 g	
<b>Protein</b>	18 g	26 g	52%
Vitamin A	25%	25%	
Vitamin C	35%	35%	
Calcium	20%	50%	
Iron	35%	35%	
Vitamin D <sub>3</sub>	35%	35%	
Vitamin E	35%	35%	
Thiamin	35%	45%	
Riboflavin	35%	60%	
Niacin	35%	40%	
Vitamin B <sub>6</sub>	35%	45%	
Folic acid	35%	40%	
Vitamin B <sub>12</sub>	35%	60%	
Biotin	35%	40%	
Pantothenic acid	35%	45%	
Phosphorus	15%	35%	
Iodine	35%	70%	
Magnesium	50%	50%	

  

Amount Per Serving	Shake Mix	with 8 fl. oz. Nonfat Milk	
Zinc	35%	40%	
Selenium	35%	45%	
Copper	35%	35%	
Manganese	35%	35%	
Chromium	50%	50%	
Molybdenum	35%	40%	
**Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
<b>Total Fat</b>	Less than	65 g	80 g
<b>Sat. Fat</b>	Less than	20 g	25 g
<b>Cholesterol</b>	Less than	300 mg	300 mg
<b>Sodium</b>	Less than	2,400 mg	2,400 mg
<b>Potassium</b>	Less than	3,500 mg	3,500 mg
<b>Total Carbohydrate</b>		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g
Calories per gram	Fat 9	Carbohydrate 4	Protein 4

**INGREDIENTS:** MuscleMatch™ Protein Blend (whey, nonfat milk powder, calcium sodium caseinate), NeoLife Fiber Blend (maltodextrin fiber, oat fiber, guar gum), Proprietary HoneyFruit Sweetening System (honey powder, grape juice concentrate, rice dextrin, stevia), natural flavors, soy lecithin powder, magnesium oxide, zinc yeast, vitamin E (d-alpha-tocopherol and mixed tocopherols), chromium yeast, Neo-Plex Concentrate [orange juice powder, vitamin C (ascorbic acid), orange peel powder, citrus bioflavonoid], vitamin C (ascorbic acid), manganese yeast, copper yeast, ferrous sulfate, selenium yeast, inositol, kelp, niacinamide, Enzyme Blend (bromelain, papain, malt diastase, lactase, lipase and amylase), vitamin A palmitate, pantothenic acid, vitamin D<sub>3</sub>, vitamin B<sub>6</sub> (pyridoxine hydrochloride), vitamin B<sub>12</sub> (cyanocobalamin), riboflavin, thiamine hydrochloride, molybdenum yeast, folic acid and biotin.

**Additional Nutritional Information:**  
Neo-Plex Concentrate 25 mg  
Choline 10 mg  
Inositol 10 mg

The key to Gold Medal performance is nutrition that works as hard as you do! NeoLife Sport Performance Protein is designed to fuel your body with the highest quality protein and key nutrients needed for optimal performance.\*

**Exclusive MuscleMatch™** Formula features an amino acid profile optimized to closely match lean muscle and promote maximum muscle building efficiency. Includes all 22 amino acids involved in human nutrition including branched chain amino acids (BCAA). Proprietary protein blend includes whey and casein.\*

**Exclusive Protogard Process** uses low-temperature blending to maximize nutritional value.\*

**25 Vitamins and Minerals** to replenish those used up during intense activity. NeoLife products use only GMO-free ingredients.

Use **Pre-Workout** for sustained energy and muscle-fueling nutrition.

Use **Post-Workout** for recovery, optimal muscle building and repair.\*

**DIRECTIONS:** Mix 2 scoops (36g) in 8 fl. oz. of ice cold nonfat milk in a shaker or blender. Can also be mixed in water.

\*Amounts based on powder mixed in 8 fl. oz. of nonfat milk.